



feMAIL- Your Gift Guide for Mother's Day

Mom's big day is just around the corner (May 14th). She deserves an extra special treat for 1) inventing you, 2) making it through your rebellious teenage years and 3) holding back on the 'I told you so's'. Now it's your turn to show you care by making this a Mother's Day she won't forget. A fabulous gift wouldn't hurt either....

Here are a few ideas that your mother, wife or expecting best friend is sure to love....

Fore Mom



If your mom likes to hit the links, you should treat her to some super cute golf gear. Here are a few of my favourites: The "Pretty in Pink" golf pack from Golf Town:

<http://www.golftown.com/qtcommerce/stores/1/The-Pretty-In-Pink-Gift-Pack-P2723C0.aspx> .

(Image courtesy of Golf Town)



Or these totally girly golf head covers from "Ame and Lulu" purveyors of fine golf and tennis accessories for women. <http://www.ameandlulu.com/collection.asp>. (Image courtesy of ameandlulu.com)

Happy Feet



HoMedics Massaging Slippers with Smart Foam are the **ultimate** slippers for tired feet. The "Smart Foam" molds to and cradles moms feet AND massages her tender tootsies! I'm telling you, these HoMedics slippers can't be beat. Your mom and her feet will thank you!

<http://www.homedics.com/prod/detail.aspx?ID=206> (Image courtesy of HoMedics)

Gourmet Goddess



These stylishly fun aprons by **Domistyle** fit any chic mama that likes to cook or just plays the part. Create a unique look by embroidering something fun like "Will Cook for Shoes," or "Gourmet Goddess." My favourite is the limited edition "Rose Blossom" (pictured above), a portion of its sales go to the Canadian Breast Cancer Foundation. Check out the rest of Domistyle's selection at: <http://www.sheshoppe.ca/>

(Image courtesy of sheshoppe.ca)

Mom-worthy Reads

The best thing about magazines is that there is one for every interest. Whether your mom likes to garden or golf, they're a thoughtful and affordable gift idea. There are a couple new mom-worthy magazines worth checking out:

Blueprint Magazine: The latest Martha Stewart spin-off boasts timeless and easy beauty tips for your home, wardrobe and your life! Go to www.marthastewart.com and click on "Blueprint" under "our magazines."

Cookie Magazine: A new read for hip moms who want the latest and greatest in family travel, entertainment, fashion, health and home info. Subscribe at: www.cookieomag.com



The Modern Girl's Guide to Motherhood:

Pick up this book for the new mommy on your list. Written by trend guru Jane Buckingham (author of the popular "The Modern Girl's Guide to Life"), it's full of child rearing tips and tricks based on her first-hand experience and her all-female team of experts. (Image courtesy of chapters.com)

At Her Service

Hire a concierge service to take a load off the busy mom on your list. Concierge companies offer a range of services from running your errands to planning events, so mom can do other things with her precious time...like relax.

- Whether she's an overwhelmed new mom or a senior in need of someone to escort her to appointments, **Run My Errand** in the G.T.A can help! www.runmyerrand.ca
- **Parris Concierge** offers their services in the Toronto area and they do just about everything from getting quotes on home repairs to planning romantic dinners. See www.parrisconcierge.com for more info.
- **Creative Concierge**, a B.C service that does house sitting and runs errands. Visit www.creativeconcierge.ca
- Don't have time to plan your family vacation or get an oil change for the car? **Errand Girls** can help if you live in the Vancouver area: www.errandgirls.ca

An Experience to Remember

Looking for something out of the ordinary? Why not let mom choose her own adventure? In Ontario and B.C. you can send her on a **Try That!** adventure. With a gift certificate she can choose from numerous experiences including: skydiving, white water rafting or a recording session, just to name a few. For more details go to: www.trythat.ca.



Along the same lines, you should also check out the "**Life Experience**" packages available at your local **Shoppers Drug Mart**. They sell over 30 different experiences including:

- **Romance** (e.g.: Romantic Dinner and Resort packages)
- **Adventure** (e.g.: Flight Simulator adventure, Wine Tours)

- **Pamper** (e.g.: Spa days, Maid Services)
- **Family fun** (e.g.: Helicopter tours)

Visit <http://www.shoppersdrugmart.ca/lifeexperiences/index.html> for more.

Available in Alberta, Southern Ontario, Ottawa and Vancouver . (Image courtesy of Shoppers Drug Mart)

Personal Chef

Let's face it, cooking is a lot of work. Give mom a break and hire a personal chef to cook for the night. Or better still, make a bunch of meals and freeze them for the week. If you weren't her favourite daughter before, you will be after you this.

In Vancouver check out the **Personal Chef Association** www.personalchefvancouver.ca. Or for a complete listing of **Canadian Personal Chefs** check out: www.chefsearch.ca.

OR try **Super Works** in the GTA. Not quite a personal chef BUT they do take most of the hassle out of meal time. Super Works does the menu planning, shopping, chopping and clean-up. All you have to do is prep your meal at their studio then pop it in the oven and voila! Find out more about this time-saving service at www.supperworks.com.

Classic Choices: Yes it's obvious, but a spa day or flowers are classic choices. You just can't go wrong, which is why they come up every Mother's Day.

Spa Day



Whether you spring for a manicure at her favourite salon, or go all-out for a full-day treatment mom will appreciate the TLC. In the G.T.A or Vancouver area, check out **Way Spa** (www.wayspa.com), an online retailer of spa services and packages. They have an extensive list of killer spas on their list and a handy Mother's Day gift guide to help you to the perfect choice for mommy dearest. (Image courtesy of wayspa.com)

Flowers



You can never go wrong with a beautiful bouquet of flowers. Take this traditional gift to the next level and create a standing order to send Mom flowers once a month!

To find a fab florist in your area visit this cool **Find A Florist** site: www.findaflorist.com .

TIP: Forget carnations, unless she's mentioned she loves them, of course...

Safe bets: Tulips, roses, peonies, lilies and orchids are among some of the universally loved flowers. (Image courtesy of findaflorist)

Happy Mother's Day!

- *Loë*

Stay tuned for my next issue featuring summertime must-haves!